

 **Unexpected Death in the Workplace -**

 **The Professional and Personal Impact**

 **Of Losing a Colleague: Resources**

[**https://www.practitionerhealth.nhs.uk/lets-talk-about-suicide**](https://www.practitionerhealth.nhs.uk/lets-talk-about-suicide)

[**https://www.practitionerhealth.nhs.uk/media/content/files/STAFF%20MENTAL%20HEALTH%20AND%20WELLBEING%20GUIDANCE%20FOR%20MANAGERS%20(002).pdf**](https://www.practitionerhealth.nhs.uk/media/content/files/STAFF%20MENTAL%20HEALTH%20AND%20WELLBEING%20GUIDANCE%20FOR%20MANAGERS%20%28002%29.pdf)

**Books:**

**Prof Michael F Myers MD (American):**

**“Touched by Suicide; Hope and Healing after Loss”** [**https://www.amazon.co.uk/Touched-Suicide-Hope-Healing-After-ebook/dp/B002IEUV5U**](https://www.amazon.co.uk/Touched-Suicide-Hope-Healing-After-ebook/dp/B002IEUV5U)

**“Why Physicians Die by Suicide; Lessons learned from their families and others who cared”** [**https://www.amazon.co.uk/Why-Physicians-Die-Suicide-Families/dp/0692831878**](https://www.amazon.co.uk/Why-Physicians-Die-Suicide-Families/dp/0692831878)

**Dr Clare Gerada, “Beneath the White Coat; Doctors, their Minds and Mental Health”** [**https://www.amazon.co.uk/Beneath-White-Coat-Doctors-Mental/dp/1138499811**](https://www.amazon.co.uk/Beneath-White-Coat-Doctors-Mental/dp/1138499811)

[**https://stayingsafe.net/**](https://stayingsafe.net/)

[**https://doctors-in-distress.org.uk/**](https://doctors-in-distress.org.uk/)

[**https://www.washingtonpost.com/national/health-science/what-ive-learned-from-my-tally-of-757-doctor-suicides/2018/01/12/b0ea9126-eb50-11e7-9f92-10a2203f6c8d\_story.html**](https://www.washingtonpost.com/national/health-science/what-ive-learned-from-my-tally-of-757-doctor-suicides/2018/01/12/b0ea9126-eb50-11e7-9f92-10a2203f6c8d_story.html) **(US stats)**

**“Doctors and suicide”, Clare Gerada, British Journal of General Practice 2018; 68 (669): 168-169. DOI:** [**https://doi.org/10.3399/bjgp18X695345**](https://doi.org/10.3399/bjgp18X695345)

**“What could make a difference to the mental health of UK doctors? A review of the research evidence”, Gail Kinman, Kevin Teoh**

[**https://www.som.org.uk/sites/som.org.uk/files/What\_could\_make\_a\_difference\_to\_the\_mental\_health\_of\_UK\_doctors\_LTF\_SOM.pdf**](https://www.som.org.uk/sites/som.org.uk/files/What_could_make_a_difference_to_the_mental_health_of_UK_doctors_LTF_SOM.pdf)

[**https://www.beyondcounselling.org/**](https://www.beyondcounselling.org/)